



# PARENT'S GUIDE TO ADMINISTERING UPAR AT HOME

## SETTING UP

- Choose the best time of day and a quiet place at home to administer uPAR on a computer or tablet.
- Headphones are useful.
- Explain the purpose of uPAR to your child in advance:  
*"On [day of week], you will be using the [computer/tablet] to determine the way that you read best. It is not a reading test. You will read a series of passages with a text reader, human reader and independently. After reading each passage, you will answer questions about the passage. You just need to do your best to read the passages. The computer will let you know when you are finished."*

## INTRODUCING uPAR AT THE TIME OF ADMINISTRATION

- Click on the link provided by your uPAR administrator to [startpar.com](http://startpar.com) and sign in using your email address, then select your grade level.
- Introduce uPAR:  
*"Today we want to find out how you like to read and what works best for you. You're going to read some passages three different ways. First, you'll read one passage with a text reader, which uses a computer voice and highlights each word as it is read aloud. Next, you may be given a passage with a recorded adult voice. Finally, you have a chance to read independently. After each passage, you'll answer some questions so we can find out how easy it was for you to understand the passage. This will take about 30 minutes. You can take a break if you need to. Just do your best. The computer will let you know when you are finished. It's also okay if you don't finish it all at once." "Let's make sure your audio is working by clicking on the speaker button you see on the directions screen. You can adjust the volume. Click on the "NEXT" button to begin."*

## TAKING BREAKS

- You know your child best. If you see that your child is fatigued or seems frustrated, take a break at the end of a passage. For example, you may want to have a break at the end of the independent reading passages. It's okay to take breaks after 10, 15, or 20 minutes. You can also click the "Save and Exit" button and continue uPAR at a later time.

## TAKE NOTES

- As you monitor your child's completion of uPAR, take notes on how he/she is doing. Do you see frustration or distractibility? Did they visually track the text as it was read aloud to them? Did they listen to the text without visually tracking the text? Did they seem to be guessing or answering impulsively? Convey your observations to your teacher-administrator.





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## WHEN TO STOP ADMINISTRATION

- Because of the way uPAR selects reading passages based on your child's performance, uPAR can take longer to complete, particularly when your child is doing well with the passages. Or, it can take longer if your child is having difficulty performing reading tasks.
- Your uPAR administrator can view the data, even if your child has not completed uPAR, to see if there is enough data.

## AFTER COMPLETING THE PROTOCOL

- Ask your child how he/she felt about the different ways of reading using the scale below:

1	2	3	4
I really did NOT like it.	I did not like it much.	I liked it a little.	I really liked it.

1. Using the scale below, rate the following uPAR reading methods—

Silent Read .....	1	2	3	4
Human Audio .....	1	2	3	4
Computer Read .....	1	2	3	4

Then circle the method you liked best—    Silent Read    Human Audio    Computer Read

**THANK YOU** for helping administer uPAR. Together we can learn how your child reads best and make plans to increase reading independence.